

Five Part Forgiveness Prayer

Part 1 - Forgiving and/or Repenting

In obedience we choose to forgive or repent. Heavenly Father, I purpose and choose to forgive . . . (the person for what they did). I release them and cancel their debt to me..

Heavenly Father, forgive me for. . . (the specific sin including my sinful response to their sin against me). I purpose and choose to forgive myself. Matthew 6:14-15, James 4:7. 1 John 1:9

Part 2 - Canceling Satan's Authority

In the name of Jesus and by the power of His blood, I cancel Satan's power and authority over me in the issue of _____ and release any debt or obligations to me. Ephesians 4:27, James 4:7

Part 3 - Blessing Those Who Have Hurt Me

Father, in obedience I ask that You bless (the person who hurt you) in the name of Jesus. Lord, You alone know what would bring them closer to You. Please bless them now. Romans 12:12-21

Part 4- Asking for Healing

Lord, I ask to be healed of a broken heart and/or a broken body - to be free from shame, anger, guilt, rejection, bitterness, fear. I seek the renewing of my mind or the purging of my conscience. Psalm 103:3, Romans 12:1-2, Luke 4:18-19, Hebrew 9:14

Part 5 - Listening or Talking with God

Holy Spirit, I ask you to tell me Your truth about this specific situation. . . Listen (The Holy Spirit talks to us in a quiet voice, dreams, visions, impressions, or just takes the pain and leaves us His peace.)

John 14:26

Based on the Wellspring Prayer by Dr Art Mathias

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Place Dali's Painting of Crucified Christ Here

Here is love vast as the ocean , loving kindness as a flood
When the Prince of Life our Ransom shed for us His precious blood.
Who His love will not remember who can cease to sing His praise.
He will never be forgotten throughout heaven's eternal days.

On the mount of crucifixion fountains opened deep and wide.
Through the floodgates of God's mercy flowed a vast and crimson tide
Grace and love, like mighty rivers poured incessant from above
And heaven's peace and perfect justice kissed a guilty world in love.

Let me all Thy love accepting love Thee, ever all my days.'
Let me seek Thy Kingdom only and my life be to Thy praise;
Thou alone shall be my Glory. Nothing in the world I see.
Thou hast cleansed and sanctified me, Thou Thyself hast set me free.

In Thy Truth Thou dost direct me by Thy Spirit through Thy Word;
And Thy grace my need is meeting, as I trust in Thee, My Lord.
Of Thy fullness Thou art pouring Thy great love and power on me
Without measure , full and boundless draw out my heart to Thee.

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