### ISOLATION

Connections to nobody and to nothing.

- **I am always alone. I can be in a crowd and still be alone.**

Biblical definition of hell - not a cessation of life, but a separation from life.

**Symptoms:**
- depression
- feelings of emptiness (the black hole)
- severe panic, thought problems, i.e. judgementalism to the point of paranoia
- any connections can become delusional with germs, voices, etc
- hopelessness

Possible Elijah House Ministry: PreNatal Wounds and Sins, Spiritual Rebellion, Basic Trust, Bitter Root Judgements, Honoring Father and Mother, Captive Spirit, Unforgiveness, Hearts of Stone and Inner Vows, Generational, Disciplines to Walk in a New Way, Deliverance

### PERFORMANCE

Bad connections made by living up to real or perceived expectations of others, earning the relationship.

- **I will be what everyone wants so I can be connected.**

Bible says that we will not succeed in making ourselves right. Romans 9:31-33

**Symptoms:**
- performance orientation
- legalism
- codependency
- guilt
- anger
- frustration
- depression

Possible Elijah House Ministry: Pre-natal, Honoring Father and Mother, Bitter Root Judgements, Hearts of Stone and Inner Vows, Slumbering Spirits, Unforgiveness, Hearts of Stone and Inner Vows, Basic Trust, Generational, Soul Ties, Disciplines to Walk in a New Way, Performance Orientation, Deliverance

### PSEUDO-CONNECTIONS

False comforts, false connections with things or people that make me feel good.

- **Instead of I/thou, I/a body, I/pizza, I/power, I/work**

Biblical references to the lust of the eyes, the lust of the flesh, and the pride of life.

**Symptoms:**
- Addictions that can include substance abuse, power, sex, busyness, computer games, pornography, etc.
- self comfort
- inability to have real relationships

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### REAL CONNECTIONS WITH GOD AND OTHERS

My real broken self meets with God and others. Grace and truth allow me to connect with others without condemnation.

- **I come before God and others at my most broken times and receive unconditional love, grace, and mercy. I can be real.**

Biblical basis: Why Jesus came and died for us, that we can have relationship with the Father.

**Symptoms:**
- Real emotions surface no longer held back
- Process of sanctification and freedom as I sit in His presence
- Ability to love others with the love of God.
- The true Body of Christ

Practicing spiritual disciplines from right heart motives, practicing the presence of God at all times, Keeping short accounts with God, Granting mercy to yourself and others, sharing with others, being with others of like mind, Stay transparent